

WEST ESSEX COWBOY

CHEERLEADERS



PLEASE SIGN-UP by

JUNE 21, 2009

**DON'T MISS OUT on all the FUN...TEAM BUILDING...UPCOMING
EVENTS!!!!**

**PEP Rally
9-14-09**

**"Team Bonding Day"
Banner & Sign Making**

**Cheer Expo
10-17-09**

**PEE-WEE
Madison Square
9-13-09**

Show your West Essex.....



"The Program has incorporated cheerleading with dance half-time routine"

*****TENTATIVE CHEER CAMP DATES (Half-time Routines)*****

2nd to 6th graders (Hosted by **Just Cheer**) July 16th & July 17th.

(Hosted by **West Essex Knights Cheerleaders** - Date to be announced)

Please join our returning coaches Erica Lieb, Helen Ruvo, Kristen Gann, Jamie Ianuzzi, Briele Salvo, and Ali Girardi for the 2009 Cheerleading season.

*Applications can be requested from the Cheerleading Program Director; Michele Salvo at MJBNSalvo4@verizon.net or applications can be picked-up at the recreation dept.

NOTE: It is very imperative that the Applications are sent in by the due date. Uniform hand-outs will be at the end of June along with final dates for upcoming events.